



Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed Sacrament (SSS)

Fr Anthony (Thonn) Riosa SSS Moderator - anthony.riosa@cg.org.au

Fr Renoir Oliver Jr SSS - renoir.oliver@cg.org.au

Fr Sebastian Luistro SSS - sebastian.luistro@cg.org.au

Parish Secretary: Kathie Guillester | Parish Secretary : to be advised

Telephone: 0416 823 447 | Email: innernorth@cg.org.au | Mail: PO Box 900, Dickson ACT 2602

Baptisms, Marriages & Funerals: by Appointment contact the Parish Office

Parish Offices Opening Hours: Dickson St Brigid's 9am-1.00pm Tuesday, Campbell St Thomas More 9am-1.00pm Friday
O'Connor St Joseph's 9am-1.00pm Wednesday, Watson Blackfriars 9am-1.00pm Thursday

Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3. Enquiries or concerns please contact: Fr Anthony Riosa SSS—anthony.riosa@cg.org.au - Maria Hicks (Manager) - Phone 02 6239 9806 - Institute of Professional Standards & Safeguarding (IPSS) ipss@cg.org.au

Issue 28— 26 May 2024 - Year B



Holy Trinity Sunday



CANBERRA CENTRAL inc:
ST BRIGID'S 2 Bancroft St
Dickson ACT 2602
ST PATRICK'S 1 Donaldson St
Braddon ACT 2612

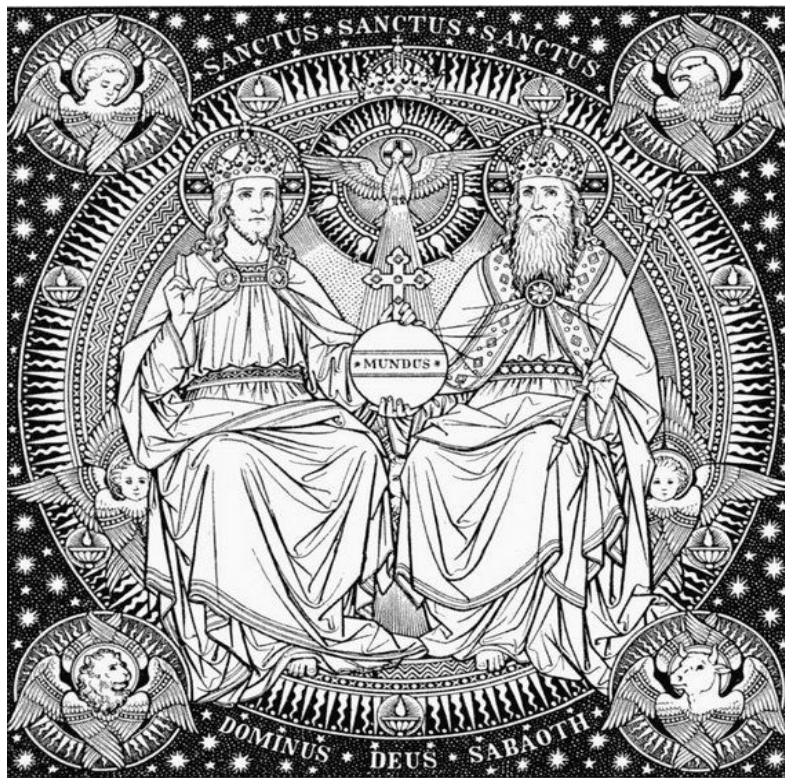
Fr Sebastian Luistro SSS
<http://cg.org.au/canberracentral>



ST THOMAS MORE PARISH
30 White Crescent
Campbell ACT 2612

Fr Anthony Riosa SSS

Website:
www.stthomasmore.org.au
Facebook:
[facebook.com/
st.thomasmore.campbell](https://facebook.com/st.thomasmore.campbell)



BLACKFRIARS PARISH
Cnr Phillip Avenue &
Antill Street,
Watson ACT
2602

Fr Renoir Oliver Jr SSS
Website:
www.cg.org.au/watson
Facebook:
[www.facebook.com/Holy-
Rosary-Parish-Watson](https://www.facebook.com/Holy-Rosary-Parish-Watson)



ST JOSEPH'S PARISH
61 Boronia Drive,
O'Connor ACT 2602

Fr Anthony Riosa SSS
[https://cgatholic.org.au/
parishes/oconnor/](https://cgatholic.org.au/parishes/oconnor/)
Facebook :
[www.facebook.com/
stjosephsoconnor](https://www.facebook.com/stjosephsoconnor)



Acknowledgement of Country - We Acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past, present and emerging.

REFLECTION: The Feast of the Holy Trinity is a wonderful opportunity to celebrate. Speaking on Trinity Sunday, Pope Francis said that celebrating the Trinity is “not so much a theological exercise, but a revolution in our way of life. God, in whom each person lives for the other in a continual relationship, in continual rapport, not for themselves, provokes us to live with others and for others.” Some images of the Trinity see the Father, the Son and the Holy Spirit sitting together, sometimes at a table. The genius of such an image is that there is room for us at the table. Today's feast is an invitation to contemplate having a seat at the table ... being refreshed and renewed, and hearing a call to mission. As you sit at the table with the Trinity, listen to their conversation as they look at our world. What do you want to say? What do you sense is being asked of you? (From Gods Word, Daily Reflections 2024)



Entrance Antiphon

Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.

First Reading - Deuteronomy 4:32-34,39-40

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors – all this that the Lord your God did for you before your eyes in Egypt?

'Understand this today, therefore, and take it to heart: the Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today, so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

The Word of the Lord.

Thanks be to God.

Responsorial Psalm - Ps 32(33):4-6,9,18-20,22

Happy the people the Lord has chosen to be his own.

For the word of the Lord is faithful
and all his works to be trusted.

The Lord loves justice and right
and fills the earth with his love.

By his word the heavens were made,
by the breath of his mouth all the stars.
He spoke; and it came to be.
He commanded; it sprang into being.

The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine.

Our soul is waiting for the Lord.
The Lord is our help and our shield.
May your love be upon us, O Lord,
as we place all our hope in you.

Happy the people the Lord has chosen to be his own.

Second Reading – Romans 8:14-17

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and co-heirs with Christ, sharing his sufferings so as to share his glory.

The Word of the Lord.

Thanks be to God.

Gospel Acclamation—cf Revelation 1:8

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit:
to God who is, who was, and who is to come.
Alleluia!

Gospel - Matthew 28:16-20

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

**Communion Antiphon
is Not recited when hymns are sung.**

Communion Antiphon — Gal 4: 6

Since you are children of God,
God has sent into your hearts the Spirit of his Son,
the Spirit who cries out: Abba, Father.

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VINNIES WINTER APPEAL—1/2 JUNE

The St Vincent de Paul Society is holding its annual Winter Appeal as a leaving collection at Masses **next** weekend, 1-2 June. Vinnies helps more than 330 Individuals and families in need across the Canberra Inner North Catholic Community Parishes and Winter is always a time of need for these families. Cash, electronic and envelope donations will be available subject to the usual arrangements in your parish. If you require a receipt, please donate to our volunteers. If you want to donate online, you can make an internet donation as follows:



* BSB: 062786

* Account no: 14760

* Account name: St Vincent de Paul Society.

* Description: [Donor name] [Nominate conference — Watson or O'Connor or Campbell] [Winter Appeal].

ARCHDIOCESAN ASSEMBLY

As part of the Year of the Holy Spirit and leading into an Archdiocesan Assembly later this year, please join others from across the Archdiocese for prayerful dialogue in the spirit of synodality (walking together). Do this by participating in one or more sessions of a Roundtable Series that is currently underway.

Future topics: Seek the City: Faith in the Public Sphere (22 June); Reconciliation and First Nations: Healing Wounds, Receiving Gifts (7 July); Roundtable on Women (1 Aug); The Voice of the Child: Safeguarding the Gift of our Children and Vulnerable (4 Sept). For more info and to register, go to <https://www.cgevangalisation.org.au/roundtables/>. If you want to connect with others in our inner north community interested in this series, please contact Emily at emilykathryn-hall@gmail.com.

ST THOMAS MORE FORUM — 14 JUNE

Friday 14 June 2024: Engaging an AI Generation featuring Fr Rob Galea.

Forum and Dinner:: Mercure Hotel
Braddon: 6.45 for 7.30pm
\$99 (Dinner and Wine)

Fr Rob, based in Victoria, is an internationally acclaimed author, singer and songwriter and founder of the FRG Ministry, a charity organisation ministering to 1.4 million people each year.



To register, go to <https://bit.ly/stmf-140624> or contact the parish office.

ARCH-BISHOP'S MARY MACKILLOP PILGRIMAGE IN EDEN - Sat 3 Aug

Parishioners are invited to join Archbishop Christopher Prowse as he leads the annual Mary MacKillop pilgrimage in Eden on Saturday, August 3rd. This pilgrimage holds a special significance as it commemorates Australia's first saint, Saint Mary of the Cross MacKillop, at the very site she visited on two separate occasions, in 1899 and 1901.

The day will include a pilgrim's walk, Mass and a parish lunch. If you wish to attend, RSVP at <https://www.trybooking.com/events/landing/1228948?> THIS IS A DIFFERENT EVENT TO THAT ADVERTISED ON THE BACK PAGE.

EUCHARISTIC ADORATION - NARRABUNDAH

St. Benedict's Narrabundah hosts weekday Eucharistic Adoration. Drop by to deepen your relationship with Jesus and invite more grace into your life. For adoration times contact Narrabundah on 6239 6772.

BLACKFRIARS, WATSON

FINAL REMINDER: Training, Formation and Commissioning of Liturgical Ministers on 25/26 May

All current and new Acolytes, Eucharistic Ministers, Readers and Volunteers to visit the sick and housebound are invited to attend a training and formation session after the 5pm Mass at Watson on Saturday 25 May from approximately 6 to 7pm with Father Renoir.

11 JUNE | MARRIAGE PREPARATION COURSES

Upcoming Marriage Preparation courses for engaged couples: *FOCCUS* - Tues 11th June 5-9pm plus a private follow up session at CatholicCare. *Evenings for the Engaged*- Sat 13 & 20 July. *SmartLoving* – online, 9 lessons, learn at your own pace when suits you. For more information or to register go to www.marriagefamily.org.au Enquiries: Text Helena Zobec on **0405 440 463**



Saturday Fortnightly 7pm-8:30

All high school aged students welcome! Join us for games, food, faith and fun!

(Week 5) Sat 1st June St Brigid's, Dickson
(Week 7) Sat 15th June Mary Help of Christians, Pearce
(Week 9) Sat 29th June St Brigid's, Dickson

CENTRAL CANBERRA, BRADDON AND DICKSON

Inner North Alpha – St Brigid's & St Patrick's Parish Representative

An Inner North Alpha course is being planned for later this year, to be organised and run by the Blackfriars Parish Renewal Team working with a representative of each of the other Inner North parishes. **St Brigid's & St Patrick's is seeking a parishioner who would like to undertake this role.**

Alpha is a way of building community and helping people discover, renew or deepen their faith. It's an opportunity to explore life and Christianity in a friendly, open and informal environment. Meetings provide a space for conversations about faith, life and God. It is a place where friends can be invited to 'come and see'.

Alpha is typically an 11 week course (which can be shortened) involving food, a talk or video, and conversation. The plan is to hold the sessions on a Sunday at 2.30pm, starting 4 August 2024, and rotate the venue among the four Inner North parishes.

If you'd like to be the St Brigid's & St Patrick's representative for this Alpha, please let Bill Meani (blink52@tpg.com.au) know .

St Brigid's Community of the Risen Lord Weekly Meeting

Every Friday, meeting commences with Holy Mass at 7.00pm followed by a live message and live adoration of the Blessed Sacrament.



ST JOSEPH'S O'CONNOR

CHANGE TO SOME MASS ARRANGEMENTS

The **Cenacle** will now be held after morning mass on Thursdays (instead of Wednesdays).

A Novena to Our Lady of Perpetual Help will be held at 8.15am Saturdays prior to morning mass.

CHURCH REPAIRS - CALL FOR QUOTES

We are seeking tradespeople referrals for repairing and making good the presbytery garage roof/ceiling following water damage. Please contact Fr Anthony 'Thonn' Riosa for details.

CLINICAL PASTORAL CARE PROGRAM

A Clinical Pastoral Education (CPE) 5-day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/Spiritual Care; empathy; grief and loss; spiritual reflection, and self-care.

This course is excellent for Eucharistic Ministers visiting homes, volunteers in Aged Care, schools or prisons, or anyone contemplating a career change to Pastoral Care. The course runs Wednesdays, July 10-Aug 7, 9-5pm in Deakin, cost is \$450. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments by end May.

Please contact Susanne Schmidt on 0431 243 486 or at sannecpe@gmail.com

SPAM ALERT—WATCH OUT FOR SCAMS

There are a range of spam emails circulating again. These emails have addresses which look similar to clergy, parish or religious addresses and request money, gift cards or similar and often mention someone who is very sick or dying.

BE CAREFUL. Do not respond or open links in any emails, texts, WhatsApp etc of this kind.

IN THE FOOTSTEPS OF
MARY MACKILLOP
PILGRIMAGE
15th – 26th
October 2024



Australian National Pilgrimage

JOIN US on the official Pilgrimage created and led by the Sisters of Saint Joseph of the Sacred Heart for the last 28 years. An all inclusive 12 day organised pilgrimage to sacred sites in VIC, SA & NSW.

FIND OUT MORE PHONE: (02) 8912 4818
OR EMAIL: national.pilgrimage@mmp.org.au
OR www.marymackillop.org.au



IN THE FOOTSTEPS OF
MARY MACKILLOP

Numbers Limited

OUR RECENTLY DECEASED

Our recently Deceased: May they find peace and comfort in the embrace of the Lord.

Rita Paul (Roger's mother), Anita Hobbs (Kate Hobbs sister-in-law), Barry Hockney, Stephen Hall, Carmel Ford, Fr Thomas P Brophy (brother of Maureen Quaine), Kathy Honor, Jose Rico

IN LOVING MEMORY

Barbara Anne Avis, Joseph Grzic, Amelia of Fatima, Tom Petry, Maria Lucy Condemi, Albertina and Luis Dos Santos, Edna O'Brien, Carmelo Strazzeri

CONTRIBUTIONS TO PRIEST & PARISH

Contribute to the First Collection.

Account Name: Central Presbytery Fund
BSB: 062-786 - Bank Account: 000029248
Reference: Use your Parish Location to assist in correct allocation & Your Name (e.g. Campbell Smith)

Planned Giving: Planned Giving is a weekly, fortnightly or monthly contribution to the first and/or second collection via cash, direct Debit or credit card. By contributing set amounts regularly you help the parish to forecast and budget its ongoing expenses. If you are new to Planned Giving and would like more information, please contact the Parish Office.

PLEASE NOTE: Existing Planned Giving arrangements have not changed. If you have established a regular deduction, that will continue. For information, Planned Giving account details for each Parish follow. These can be used to set up new regular deductions.

Canberra Central : A/C Name Canberra Central Parish
BSB: 062786 **A/C:** 000013150 **Ref:** Name & Giving Number

Blackfriars: A/C Name: Blackfriars Parish Watson
BSB: 062786 **A/C:** 000013341 **Ref:** Name & Giving Number

St Joseph's: A/C Name: St Joseph's Parish
BSB: 062 786 **A/C:** 000012798 **Reference:** Parish & Name

St Thomas More: A/C Name: St Thomas More Parish
BSB: 062786 **A/C:** 000014869 **Ref:** Campbell/Surname
PARISH BULLETIN - DEADLINE for notices is 4 pm WEDNESDAY

Ph: 0416 823 447 **email:** innernorth@cg.org.au

In Your Prayers please remember those in our community who are ill:

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Ligia Kulesa, Annette Brackett, Pat Turnbull, Hugh Zochling, Ray Hempel, Joseph Nguyen, Christine Nguyen, Evelyn Matriano, Davide Verri, Bedelia delos Santos, Sabina - Mary Coles, Mary Pavey, Anne Corver, Sue King, Barbara Wilson, Una Bell, Philip Bailey, Peter Catlin, Rosa Maria Santos, Gloria Sibley, Beth Delos Santos, Fr Ellis Clifford, Una Ford, June Pollard, Philip Cruz, Maureen Blood, Robin Lees, Awny El-Ghitany, Pamela Sandy, Elizabeth Webster, Colleen Brackett (& friend Jackie), Baby Remi Elliott, Tony Bandle, Clare Packer, Robyn Cross, Paul Thorpe, Joycelyn and Kahren Maclean, Ernst Willheim, Mahsa Raoofian, Lyn Mowbray, Lily Copeland, Neville Caulfield, Maggie McKeon, Carmel Slammon, Alphonsa & Maria Bankovsky

WEEKDAY & SATURDAY MORNING MASSES

	Mon	Tue	Wed	Thu	Fri	Sat
St Patrick's (Braddon)		12:30pm	12:30pm	12:30pm	12:30pm	
St Thomas More's (Campbell)					11:45am*	
St Brigid's (Dickson)		9:00am	9:00am	9:00am	9:00am	9:00am
St Joseph's (O'Connor)		9:15am	9:15am	9:15am	9:15am	8:30am
Holy Rosary (Watson)		5:30pm	5:30pm	5:30pm	5:30pm	
ACU-Signadou (Watson)			12:00 noon**			

* Every 1st and 3rd Friday at 11.45 am.

** Wednesdays during University Terms (Term 1: 14/2/24-29/5/24; Term 2: 29/7/34-28/10/24)

SATURDAY VIGIL & SUNDAY MASSES

	Saturday Vigil Mass	Sunday Morning & Evening Masses				
		8:00am	8:30am	9:30am	10:00am	5:00pm
St Patrick's (Braddon)		8:00am			10:00am *	
St Thomas More's (Campbell)					10:00am	
St Brigid's (Dickson)	6:00pm			9:30am		5:00pm**
St Joseph's (O'Connor)	6:00pm		8:30am			
Holy Rosary (Watson)	5:00pm				10:00am	5:00pm
ACU-Signadou (Watson)						

* German Mass

** Vietnamese Mass (1st & 3rd Sundays)

ADORATION & SACRAMENTS

	Reconciliation
St Patrick's (Braddon)	12:00pm – 12:30 Friday
St Brigid's (Dickson)	9:30am – 10:00am Saturday 5:30pm – 5:50pm Saturday
St Joseph's (O'Connor)	During Holy Hour 8:15am – 9:00am Tuesday, Wednesday, Thursday & Friday 5:30pm – 6:00pm Saturday
Holy Rosary (Watson)	4:00pm – 4:30pm Saturday
Adoration of the Blessed Sacrament	
St Patrick's (Braddon)	11:30am – 12:30pm Friday
St Brigid's (Dickson)	8:00am – 8:00pm Wednesday
St Joseph's (O'Connor)	8:15am – 9:15am Tuesday, Wednesday, Thursday & Friday
Holy Rosary (Watson)	6:00pm – 7:00pm Friday
Pray the Rosary	
St Brigid's (Dickson)	8:30am Tuesday to Saturday
St Joseph's (O'Connor)	After morning Mass Tuesday, Wed (Cenacle), Thursday, Friday
Holy Rosary (Watson)	Before 10:00am Mass, 1 st & 3 rd Sundays
Anointing of the Sick	
St Joseph's (O'Connor)	8:30am First Saturday of the month
St Thomas More (Campbell)	11:15am First Sunday of the month